













ATHLETE'S GUIDE

15th - 16th May, 2021 Caorle, Italy







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1. GENERAL INFORMATION

1.1 INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the informations contained in this Guide are correct and updated as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in informations included in this guide.

Please, considering the current situation of temporary uncertainty, athletes and coaches are invited to constantly check the available informations.

1.2 KEY DATES

The Race Venue will be located in Largo Portesin 5, Caorle (VE). All services are easily reachable on foot. Mandatory antigen pre-race test on Thursday, May 13th and Friday, May 14th at Palaexpomar in via Aldo Moro 21, 30021 Caorle (VE).

Friday,	May 14t	h
14:30	15:30	Bike Familiarization for junior & élite
15:30	16:30	Swim Familiarization for junior & élite
16:00	19:00	Race package distribution
TBC		Athletes briefing (online via zoom)
Saturd	ay, May	15th
07:00	07:45	Athletes Lounge and Transtion Area open for Junior Men
07:20	07:40	Swim warm up
07:50		Athletes line up and introduction
08:00		Junior Men - First wave
08:50		Junior Men - Second wave
09:40		Junior Men - Third wave
10:30		Junior Men - Fourth wave
11:20		Junior Men end of Qualification
12:00	12:45	Athletes Lounge and Transtion Area open for Junior Women
12:20	12:40	Swim warm up
12:50		Athletes line up and introduction
13:00		Junior Women - First wave
13:50		Junior Women - Second wave
14:40		Junior Women - Third wave
15:30		Junior Women end of Qualification
15:00	15.45	Athletes Lounge and Transtion Area open for Élite Men
15:20	15:40	Swim warm up
15:50		Athletes line up and introduction
16:00		Élite Men start
17:00	17:45	Athletes Lounge and Transtion Area open for Élite Women
17:00	18:00	Junior Men and Women Finals race package distribution
17:20	17:40	Swim warm up
17:50		Athletes line up and introduction
18:00		Élite Women start
19:15		Award Ceremony







Sunday, May 16th			
08:00	08:45	Athletes Lounge and Transition Area open for Junior Men and Women	
08:20	08:40	Swim warm up	
08:50		Athletes line up and introduction	
09:00		Junior Women - B Final Start	
09:45		Junior Men - B Final Start	
10:30		Junior Women - A Final Start	
11:15		Junior Men - A Final Start	
12:15		Award Ceremony	
12.00		Open Sprint Race - Women Start	
14.00		Open Sprint Race - Men first wave Start	

1.3 KEY CONTACTS

	Name	Email	Phone
LOC Event Manager	Francesco Fissore	etccaorle2021@silcaultralite.it	+39.3927930248
LOC Race Director	Mauro Miani	eventi@trevisomarathon.com	+39.3934339472
LOC Office Manager	Nicola Zanetti	etccaorle2021@silcaultralite.it	+39.3401628156
Techical Delegate	Sander Verheuvel	s.verheuvel@caiway.nl	+31. 6 51233694
Assistant TD	Claudio Di Dionisio	claudio@bikelife.it	
LOC Media Manager	Francesca Dal Bo	francesca.dalbo@silca.it	
LOC Chairman	Aldo Zanetti	aldo.zanetti@silca.it	
Europe Triathlon Office		etu_hq@etu.triathlon.org	

1.4 CONTACT DETAILS

Silca Ultralite Triathlon ASD Mail: etccaorle@silcaultralite.it Phone: +39.0438.1918104

Mob + 39.3927930248 / +39.3401628156



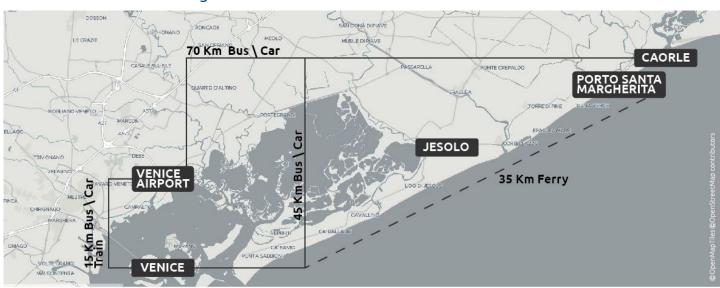




2. VENUE

2.1 RACE VENUE

The venue is located in Porto Santa Margherita, Viale Lepanto 160 - 30021 Caorle (Venice, Italy) Latitude: 45° 35.074′N - longitude: 12° 51.132′E











2.2 PARKING AND HOTELS



Pre Race Test at PALAEXPOMAR (Via Aldo Moro 21, 30021 Caorle)

Hotels:

- A International Beach Hotel (Viale Santa Margherita 57, 30021 Caorle)
- B Sara Hotel (Piazza Veneto 6, 30021 Caorle)
- C Hotel Marco Polo (Via della Serenissima 22, 30021 Caorle)
- D Hotel Palladio (Via dello Storione 11, 30021 Caorle)
- E Hotel Etna (Viale Santa Margherita 90, 30021 Caorle)
- F Hotel Nederland (Viale Via Vittorio Alfieri6, 30021 Caorle)
- G Hotel Verona (Lungomare Trieste 21, 30021 Caorle)
- H Aparhotel Gioia (Corso G.Chiggiato 60, 30021 Caorle)

Parkings:

- P1 Park Piscina Comunale di Caorle (inside the race course 800m far from race venue)
- P2 Park Viale delle Tortore (inside the race course 2Km far from race venue)
- P3 Park Viale degli Aironi (inside the race course 3Km far from race venue)
- P4 Park Viale dei Cigni (Lido Altanea) (outside the race course 4Km far from race venue)
- P5 Park Viale dei Gabbiani (Lido Altanea) (outside the race course 5Km far from race venue)
- P6 Park Corso Venezia (inside the race course 200m from race venue)
- P7 Park Via Gallini (outside the race course 3Km far from race venue)
- P8 Park Piazzale Olimpia (outside the race course 3Km far from race venue)
- P9 Park Via Aldo Moro (Stadium outside the race course 3Km far from race venue)

2.3 COURSE FAMILIARIZATION

Bike familiarization will take place on Friday 14th at 14:30. Meeting point at Transition Area (Largo Portesin 5, Caorle). Athletes will be allowed to test bike course for 1h (bike course will be completely closed to traffic). No escorted course training will take place.

Swim familiarization will take place on Friday 14th at 15:30. Meeting point at Transition Area (Largo Portesin 5, Caorle).

2.4 ATHLETE'S LOUNGE

The Athlete's Lounge will be located in Corso Venezia, 100m from the Transition Area. It will provide toilets, water and energy drinks. Bike mechanic service will be also provided, during opening hours. Massage service will not be provided.

A recovery zone will be placed close to the finish area.







2.5 MANDATORY ANTIGEN TEST

Following the new World Triathlon <u>Covid19 guidelines</u>, and the Europe Triathlon Executive Board decision (14 April 2021) a mandatory antigen test will be done by the organization to **all Élite and Junior athletes, coaches, NFs medical and support team** before the race pack distribution and the various document checks and race pack/accreditation distribution.

Tests will be available on Thursday 13th, May from 16.00 to 19.00 and Friday 14th, May from 08.00 to 16.00 at Palaexpomar located in via Aldo Moro 21, 30021 Caorle (VE).

Athletes and teams must reserve their test by email to etccaorle@silcaultralite.it within Saturday 1st, May 2021.

Definitive schedule will be available 10 days before the event.

The mandatory test cost for athletes is included in the entry fee and free of charge for coaches, NFs medical and support team.

2.6 ELITE AND JUNIOR ATHLETE'S RACE PACKAGE

Race package will be distributed together with antigen tests on Thursday 13th, May from 16.00 to 19.00 and Friday 14th, May from 08.00 to 16.00 at Palaexpomar located in via Aldo Moro 21, 30021 Caorle (VE).

Individual and team appointments will be done and communicated up to 10 days before the race.

2.7 DOPING CONTROL

Doping Control Office will be located by the Swimming Pool, in via delle Rondini 20/N, Caorle (700m from Transition Area).

Doping tests will be conducted according to World Triathlon/WADA rules. Athletes must carry their ID documents to the doping control facilities.

2.8 SECURITY

Security Service will be provided during the competition in the Athletes Lounge, Transition Area and FOP.

2.9 LOC OFFICE

The LOC Office will be located in viale Lepanto 131, 30021 Porto Santa Margherita - Caorle (VE). Opening hours:

Thursday 13th, May 2021 from 14.00 to 19.00

Friday 14th, May 2021 from 08.00 to 12.00 and 14.00 to 19.00

Saturday 15th, May 2021 from 08.00 to 12.00 and 14.00 to 19.00

Sunday 16th, May 2021 from 08.00 to 12.00

3. ACCOMMODATION

The LOC has agreed some special rates at some identified hotels and apartments (from 2 to 4 stars). If you need information about accommodation please write at etc.aorle@silcaultralite.it and we will support you to find the best offer.

Local transfer and transport from/to the airport will be guaranteed only from/to the official hotels. Due to current situation and to guarantee a safe event and environment, it will be highly appropriate that all athletes and National Federation will use official hotels indicated by the LOC, where everything will be set up according to the World Triathlon Guidelines.







4. TRANSFER AND TRANSPORT

Public Local Transportation connects Venezia and Treviso Airports to Caorle (https://www.atvo.it/ it-servizio-aeroporti.html) by bus.

Transfer booked via LOC must be payed before the date of the race (see 7. Entry Fees & Payments for more details).

5. ATHELETE'S SERVICES

5.1 TRAINING FACILITIES

SWIM

Swimming pool lines will be available for training by Caorle Nuoto & Wellness (Via delle Rondini, 20N 1, Caorle).

On Thursday 13th and Friday 14th from 10:30 to 12:30, 7 lines will be available free of charge. These lines can't be booked (first-come-first-served). Due to Covid-19 restriction only 7 athletes per line are allowed. Changing rooms and showers are not available.

Individual booking available on:

- Monday 10th, Tuesday 11th and Wednesday May, 12th (swimming pool available from 10:30 to 14:30)
- Thursday 13th and Friday May, 14th from (swimming pool available from 12:30 to 14:30) Inidividual booking only via app "Sportclubby" (<u>iOS</u> - <u>Android</u>) by searching "Caorle Nuoto e Wellness" and choosing "SPAZIO ACQUA AGONISTI - SINGLE ENTRY SWIMMING POOL". Price 6,50€ for 1 hour.

Group booking in different hours can be done only via email writing to nicholasdellinz@caorlenuoto.it.

BIKE

Safe bike locations.

Bike 40Km course (click here to download .gpx file).

Bike 31Km course (click here to download .gpx file).

RUN

Athletic track can be available free of charge, to make your reservation please write an email to etccaorle@silcaultralite.it.

10Km course (click here to download .gpx file).

5Km course (click here to download .gpx file).

5.2 MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions, before, during and after (1h) the race.

There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital.

A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants.

Athletes / teams should have their appropriate medical insurance.

Reparto di pronto soccorso Caorle (First Aid)

Address: via Riva dei Bragozzi 138, 30021 Caorle (Venezia). Phone: 0421 219815







Azienda Unità Locale Socio Sanitaria N.10 Veneto Orientale Address: viale M. Buonarroti 2, 30021 Caorle (Venezia). Phone: 0421 81708

San Donà di Piave Hospital - ULSS4 Veneto Orientale Address: via Nazario Sauro 25, 30027 San Donà di Piave (Venezia). Phone: 0421 227111

5.3 BIKE MECHANICAL SERVICE

Friday, May 14th, at the Athlete's Lounge (14.00 - 19.00). Saturday, May 15th on race field (07.00 - 18.00). Sunday, May 16th on race field (08.00 - 14.0).

6. COMPETITION SCHEDULE

Friday,	May 14t	th Control of the Con
14:30	15:30	Bike Familiarization for junior & élite
15:30	16:30	Swim Familiarization for junior & élite
16:00	19:00	Race package distribution
TBC		Athletes briefing (online via zoom)
Saturd	ay, May	15th
07:00	07:45	Athletes Lounge and Transtion Area open for Junior Men
07:20	07:40	Swim warm up
07:50		Athletes line up and introduction
08:00		Junior Men - First wave
08:50		Junior Men - Second wave
09:40		Junior Men - Third wave
10:30		Junior Men - Fourth wave
11:20		Junior Men end of Qualification
12:00	12:45	Athletes Lounge and Transtion Area open for Junior Women
12:20	12:40	Swim warm up
12:50		Athletes line up and introduction
13:00		Junior Women - First wave
13:50		Junior Women - Second wave
14:40		Junior Women - Third wave
15:30		Junior Women end of Qualification
15:00	15.45	Athletes Lounge and Transtion Area open for Élite Men
15:20	15:40	Swim warm up
15:50		Athletes line up and introduction
16:00		Élite Men start
17:00		Élite Men race end
17:00	17:45	Athletes Lounge and Transtion Area open for Élite Women
17:00	18:00	Junior Men and Women Finals race package distribution
17:20	17:40	Swim warm up
17:50		Athletes line up and introduction
18:00		Élite Women start
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Sunday, May 16th			
08:00	08:45	Athletes Lounge and Transition Area open for Junior Men and Women	
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08:50		Athletes line up and introduction	
09:00		Junior Women - B Final Start	
09:45		Junior Men - B Final Start	
10:30		Junior Women - A Final Start	
11:15		Junior Men - A Final Start	
12:15		Award Ceremony	
12.00		Open Sprint Race - Women Start	
14.00		Open Sprint Race - Men first wave Start	

6.3 COMPETITION RULES

The event will follow the latest World Triathlon Competitions Rules.

6.4 ATHLETE'S BRIEFING

Briefing will be held virtually via Zoom platform and it will be available on triathlon.org:

- Junior Race Briefing on Friday, May 14th at 12.00 (link)
- Élite Race Briefing on Friday, May 14th at 13.00 (<u>link</u>)

6.5 TIMING CHIPS

On race day athletes will be given timing chip, to be worn on the athlete's ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

6.6 RESULTS

Results will be uploaded live at the World Triathlon official website www.triathlon.org.

Live streaming will be available on LOC's official Youtube channel (link).

All the Results information will be distributed to the Team Leaders at the Information Centre.

6.7 PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules.

7. ENTRY FEES & PAYMENTS

Registration fees are as follows:

- Élite: 100,00€ (pre-race antigen test included)
- Junior: 80,00€ (pre-race antigen test included)

Entry fees and transfer must be payed before the date of the race, via bank wire transfer to:

Silca Ultralite Vittorio Veneto ASD IBAN IT60Z0890461620009000008014 BIC CCRTIT2TPRE

Bank name: Banca Prealpi SanBiagio.

Travel back antigen test must be payed by cash on site (no electronic payment available).







8. ACCREDITATION

The LOC will provide to all the Organizing Committee Members, World Triathlon Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Badge.

Only accredited people will be allowed to access certain venue areas. Accreditation Badge provide access to specific areas of the competition venue.

All accredited people are requested to carry their Accreditation Badge with them at all times and to show them upon request. Accreditation Badge are mandatory to enter the venue.

9. COURSE MAPS

<u>Click here</u> to view all race courses on Google Maps.









9.1 RACE DISTANCES

Europe Triathlon Cup (Élite): Sprint - 750m Swim - 19,2Km Bike - 5Km Run Europe Triathlon Junior Cup (both semifinals and finals): SuperSprint - 300m Swim - 9,5Km Bike - 1,9Km Run

9.2 SWIM COURSE

Start procedures: beach start.

Number of laps: 1 (Junior - SuperSprint 300m / Élite - Sprint 750m)

Average water temperature: 18°/19°C in May





TRANSITION 1

SuperSprint: metal tube racks.

Sprint: metal tube racks.

Athletes will run approximately 120m from the swim exit to the TA.





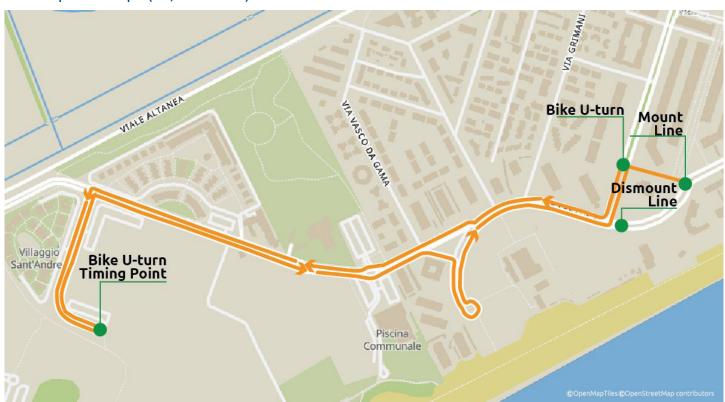


9.3 BIKE COURSE

Bike course will be on asphalt, completely flat, turning and roundabout will create technical sections. U-turn at the end of each lap.

Number of laps

- Junior SuperSprint: 3 laps (9,5Km total)
- Élite Sprint: 6 laps (19,2Km total)



TRANSITION 2

From the dismount line, athletes will run straight into Transition Area. Every used equipment must be placed in the boxes.







9.4 RUN COURSE

Running course will be flat, on asphalt.

Number of laps

- Junior SuperSprint: 1 lap (1,9Km)

- Élite Sprint: 2 laps (5Km total)



Penalty box will be located 100m before the finish line. The Aid station will be placed for Élite race at the end of the first lap.







10. COVID-19 MEASUREMENTS FOR ATHLETES AND COACHES

10.1 TRAVEL

COVID-19 continues to cause significant challenges which affect the travelling rules, depending on the country of origin or destination and the reasons for travelling.

Travel informations on how to enter Italy:

http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.isp?lingua=italiano&id=5412&area=nuovoCoronavirus&menu=vuoto&tab=7

10.2 AIRPORT TRANSFER

Anyone using the shuttles provided by the LOC must be informed that the use of mask and face covering is mandatory. Everyone needs to disinfect their hands before entering the bus.

10.3 ACCOMMODATION

Currently, the national law provides that in the common areas of the hotels a mask is worn and social distancing is respected. Other measures may be adopted and will be indicated by special signs.

10.4 TRAINING SITES

Athletes are recommended to keep distance during running sessions and during their session in the swimming pool.

10.5 TESTING PROTOCOL AND HEALTH SCREENING

All individuals applying for an accreditation to World Triathlon and Continental Triathlon events must re-spect the following conditions:

- Fill in the online pre-event questionnaire through the World Triathlon website (link);
- Fill in the Pre-Travel Medical Certificate (athletes only) through World Triathlon website (**link**);
- Perform an Antigenic or PCR swap pre-travel test 72 hours before the athlete's travel to the
 event or no later than 6 days before the event for local athletes/team support and NTOs. Tests
 that must currently be taken to gain entry to a country are valid as pre-travel tests;
- Additionally to this, all élite/u23/junior/youth must submit a pre-travel medical certificate according to the requirements above;
- Finally all élite/u23/junior, coaches, team medical and support NF personnel must perform an Antigenic pre-race test at the arrival in the hosting city. In case of a positive result, a PCR swab test must follow;
- All the specific measures can be found in the table below:

	Pre-event question-naire	COVID-19 test before traveling	Medical certificate	COVID-19 test at event	Daily health screening
Elite athletes	yes	yes	yes	yes	yes
U23 athletes	yes	yes	yes	yes	yes
Junior athletes	yes	yes	yes	yes	yes
Coaches/team medical/ support NF personnel	yes	yes	follow public health request	yes	yes
TDs/ITOs/NTOs	yes	yes	follow public health request	yes	yes
IF Staff	yes	yes	follow public health request	follow public health request	yes
LOC/Contractors	follow public health request	follow public health request	follow public health request	follow public health request	yes

Testing schedule will be sent via email to NFs, athletes and coaches.







10.6 ATHLETE'S BRIEFING

Briefing will be held virtually via Zoom platform and it will be available on triathlon.org:

- Junior Race Briefing on Friday, May 14th at 12.00 (link)
- Élite Race Briefing on Friday, May 14th at 13.00 (**link**)

10.7 RACE PACKAGE DISTRIBUTION

Race package will be distributed together with antigen tests on Thursday 13th, May from 16.00 to 19.00 and Friday 14th, May from 08.00 to 16.00 at Palaexpomar located in via Aldo Moro 21, 30021 Caorle (VE).

Individual and team appointments will be done and communicated up to 10 days before the race.

10.8 HEALTH SCREENING

Temperature and Oxygen saturation level checks will be performed every time the athletes and coaches are on site including at the times of the athletes' package distribution and familiarizations. Saturation levels lower than 95% and a temperature above 38°C will be reported to the RMD/MD.

10.9 COMPETITION ACTIVITIES

A. The mask should be worn until the last minute before athletes' introduction. Please make sure that you will wear your mask after the warm-up.

B. Wheel stations:

- At the team wheel station, the volunteers and TOs present at that location must not have any
 contact with the team wheels. The team representatives are responsible for disinfecting the
 wheels prior to depositing them at the wheel station. An athlete in need of a spare wheel will
 be directed by the TO to the proper wheel which can be picked up by the athlete.
- The wheel that is left behind by the athlete will be disinfected by the TO before being deposited at the station
- Technical officials will wear masks/mouth-nose face covering and rubber/disposable gloves

C. Finish Area

- Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area
- Medalist photo at the post-finish area is not allowed
- All recovery stations will be self-served
- Food provided will be individually wrapped
- Massage facilities will not be provided
- Athletes must avoid lying or sitting down on the blue carpet (without any medical need/ problems). A minimum number of volunteers will be available to support the ath-letes and make sure that the athletes are not congregating at the post finish area. These volunteers will wear rubber/disposable gloves and masks/mouth-nose face covering
- Masks will be distributed to the athletes to wear at their earliest convenience

D. Medal Ceremonies

 Medal ceremonies will be performed according to the COVID-19 guidelines for medal ceremonies that can be found on the World Triathlon COVID-19 Guidelines for Event Organizers







10.11 SPECTATORS ACCESS

The event will be open to spectators. Any non-accredited persons can watch the event from the spectator's areas.

10.12 ACCREDITATION

Per team are only one accreditation for coach and one for medical allowed.

10.13 FACILITIES DISINFECTION

All facilities used by the athletes will be cleaned and disinfected by the LOC through the day.